

Welcome to Woodhaven



respect



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55A Hebden St, Lockhart, NSW 2656
(02) 6920 5610

Located in the picturesque town of Lockhart in New South Wales, close to the beautiful Riverina region also known as the Verandah Town, Respect Woodhaven is home to some of nature's most luscious views, lovingly restored buildings and ornate lacework verandahs. Woodhaven's rural setting of natural beauty makes it the ideal location for compassionate care for older people.

At Woodhaven, we take pride in providing individual, tailored support to each resident by qualified, experienced staff, available seven days a week.

Everything you need to feel at home

At Woodhaven we understand that each of our residents are unique. Our approach to care provides structure, stability, and attention to detail in meeting each of our residents' needs while also facilitating their independence.

With a robust social calendar curated by our social care team and therapies for all to enjoy, our staff at Woodhaven go above and beyond to provide compassionate care and nurture long-lasting rapport with each of the residents in our homes.

A place to call home

Situated amongst beautiful courtyard or garden views, Woodhaven is home to 23 rooms originally expanded from its 12-resident capacity in 1990. With a rich and robust history in the Lockhart

community, our facility features a modern construction packed with features like built-in wardrobes, electric beds, air conditioning, WIFI access and private access to courtyards in our premium rooms.

Support tailored for you

Our team of expert staff provide top-tier residential aged care specialising in services for those in need of support for declining health and people living with dementia. With personal care assistants to help with everyday living, housekeeping services and our team of registered nurses on-call 24 hours, seven days a week, you can rest assured knowing there is always support when you need it.

Comprehensive care

All of our residents at Woodhaven have access to frequent visits from specialist providers including physiotherapists, podiatrists, optometrists, hearing and music therapists, dietitians, dental services, and visits from the hairdresser.

Our dedicated team of social care coordinators curate entertainment, events, activities, and therapies designed to inspire interest, and participation and promote better health and wellbeing. We offer a range of activities at Woodhaven including weekly bingo, indoor bowls, workshop groups, meal outings and more.

Healthy and well balanced meals

Our chefs provide filling, delicious and nutritious meals using only the freshest of ingredients, prepared daily on-site. Our residents enjoy a wide variety of food with a four-week rotating menu, daily picks of seasonal fresh fruits and vegetables and a menu that reflects the cultural demographics of the home.

The daily fare at Woodhaven includes three main meals and three snacks. Residents who wish to indulge can do so via our naughty and nice cafe or with a few treats from the lolly trolley organised by our social care team.

A sense of community

Guided by our values of respect, care, and integrity our staff are focused on providing a warm and compassionate environment for our residents to enjoy. At Woodhaven we see our residents as people, not patients. The relationship between our staff and our residents is important to us, which is why our bonds are strong and trusting. Here, people can feel a sense of belonging and build meaningful friendships.

Staying connected

Friends and family can visit at any time. However, we understand that it might not always be possible. For added peace of mind, remote video calls are always available so that you can stay connected with family and friends. Our team is skilled to assist with technology to set up a successful video call or assist in facilitating a visit from your loved ones, whenever you like.

Our history

When the Lockhart and District Aged Care Association was first established the catchphrase was "Geriatric Care was something that was required in Lockhart." This was the motivation behind the fundraising activities which occurred over many years.

The Association became a bit despondent about the notion of establishing geriatric care as we were told that 40 units were the minimum to be financially viable. The biggest hurdle was to satisfy the government

authorities that a small ten-unit hostel was economically viable. The Association did its sums again and eventually came up with the idea that a 12-unit hostel facility would work.

On 28th September 1986, the Association received a letter from the Department of Community Services to the effect that a grant had been allocated to the 12-bed hostel at Lockhart. This was also the first grant ever given for the establishment of a small hostel.

The contract for the building was signed on 30th November 1988 and Tim Fischer MP performed the official opening on the 25th of March 1990. The Association felt that there was a need for expansion and on the 24th of April 2002 signed a contract to build a further 10 hostel units. The building works were duly completed and officially opened on 11 October by the Honourable Bronwyn Bishop, Minister for the Aged.

It is important to recognise that the establishment of the Woodhaven facility not only provides an excellent facility for our senior citizens but also provides employment opportunities for other members of our community. The supervisors and staff are very committed to the caring role and the continued success of Woodhaven is largely due to their dedication.

In July 2020 Woodhaven became part of Respect, with a commitment to proceed with a \$4 million new development at the facility, which will increase its capacity from 23 to 32 rooms, ensuring the service's long-term viability.

Steps on the path to aged care living

Before becoming a resident at Woodhaven, it's important for you and your loved ones to have an open, honest discussion about your needs and budget. For many, moving to residential aged care can be a significant lifestyle change that comes with many questions. Before you begin your journey, there are a couple of steps you can take to assess if this is the right move for you.

1. Determine your eligibility

To determine if you're eligible for aged care, you will need to be assessed by the Aged Care Assessment Service (ACAS) through My Aged Care, the Australian Government body responsible for aged care services. This can be organised through a doctor, social worker, or health professional. For more information on Aged Care Assessments, you can speak with your doctor or a member of our helpful Customer Service team on 1300 144 144.

2. Find the right home

Everyone is different and that's why an aged care home that's a perfect fit for one person isn't necessarily the perfect fit for another. Finding the right aged care home is all about personal preferences, specific requirements, and aesthetic taste. You can book a tour at any of our Respect aged care homes to allow you to speak with residents and members of staff to provide a well-rounded view of what we offer.

3. Understand costs

Your own personal circumstances and financial situation will influence the amount you pay for an aged care

facility. The Government determines how much you pay or may be required to contribute. To better understand the costs associated with residential aged care, we recommend seeking financial advice before applying. The cost of residential aged care consists of care fees and accommodation fees, which are explained below:

- **Basic daily fee:** This fee covers living costs, such as meals, electricity, and laundry.
- **Means-based fee:** This fee is calculated by the Department of Human Services based on your income and assets and is a contribution to the cost of your personal and clinical care.
- **Accommodation payment:** Paid through an upfront amount, daily payment or a combination of both, this cost includes the room that you will occupy.
- **Additional service fee:** Some services are included in our Additional Services package, which incurs a mandatory additional fee. Additional Services packages are offered in selected Respect Aged Care homes, for a full list of services and their estimated costs, please contact us.

4. Apply to live at Woodhaven

After determining your eligibility and understanding fees, all prospective residents need to complete and submit an application. You may fill out an application in person at any of our homes. We recommend that you fill out an application with the assistance of your doctor and/or loved ones.



5. Move in

As soon as we've determined that we can meet your needs and have a suitable vacancy, you will be notified with an offer of residence, along with a move-in date. If there are no current vacancies, we'll let you know when a space becomes available.

You will be provided with a Resident Agreement, which outlines the services, fees, rights, and responsibilities. This legal document will need to be signed and returned before moving in.

We're here, every step of the way

At Respect, we know that choosing the right aged care home can be a daunting task. We can help with navigating the assessment process and the necessary paperwork to make your transition to residential aged care a breeze.

Contact our friendly Customer Relationship Consultant to set up an in-home consultation:
1300 144 144

About Respect

"We believe the elderly are individual people with rich histories and worthwhile lives and age does not diminish their value."

As a proud not for profit organisation since 1922, Respect Aged Care serves older residents through our high standard of care and community.

Our focus is on giving back to older adults by fostering communities of belonging.

Headquartered on the northwest coast of Tasmania, our philosophy is: **Everyone deserves the right to a life well-lived, with dignity and respect.**

Our organisation is constantly growing, with many homes spanning three states, and thousands of residents and employees. We know what it takes to provide exceptional care to older Australians.

Our values include:

Respect Treat all people with fairness and dignity.

Integrity Be open, honest, and trustworthy.

Care Look after and protect older people and each other.

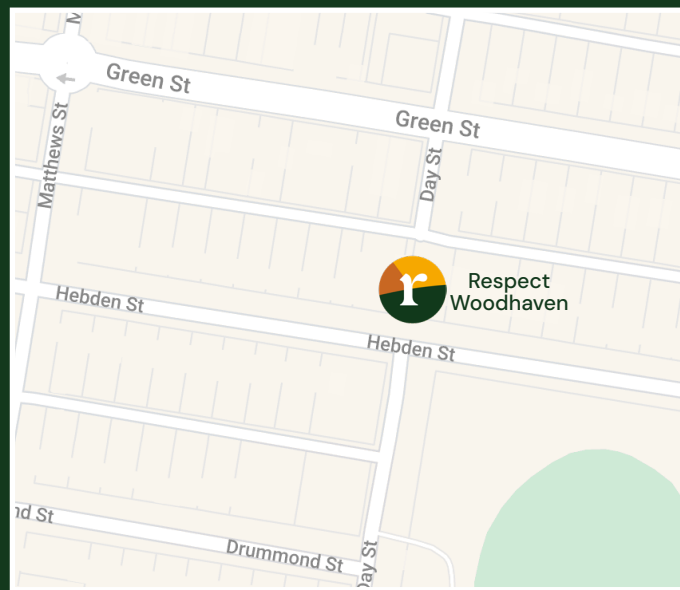
Innovation Think differently to solve problems.

Teamwork Encourage, cooperate, and build trust.

Excellence Drive quality to continuously improve.

Courage Do the right thing, even when it's difficult.

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Opening Hours
Monday – Friday
9 am – 5 pm

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