

Welcome to
Mt St Vincent



respect



Welcome to Mt St Vincent

75 South Rd, West Ulverstone, TAS 7315
(03) 6425 2166

Located in the beautiful West Ulverstone region of Tasmania near beaches and parks, Mt St Vincent is a peaceful, hill-top haven with breathtaking and expansive river views and lush gardens. Residents at our Mt St Vincent home can take in the stunning views all from our lounge and secured areas and with a wide range of rooms to choose from catering to a variety of different needs.

We take pride in providing individual, tailored support to each resident by qualified, experienced staff, available 24 hours, seven days a week.

Everything you need to feel at home

At Mt St Vincent we understand that each of our residents are unique. Our approach to care provides structure, stability, and attention to detail in meeting each of our residents' needs while also facilitating their independence.

With a robust social calendar curated by our social care team and therapies for all to enjoy, our staff at Mt St Vincent go above and beyond to provide compassionate care and nurture long-lasting rapport with each of the residents in our homes.

A place to call home

Mt St Vincent houses 73 spacious rooms. The Gardenview wing features 21 rooms with stunning views featuring

the Leven River, which will take your breath away when you walk to the lounge. This lounge features cosy chairs to sit back and drink in the view and a happy hour bar to have a beverage of your choice.

Leven Lane offers 12 secured rooms with a lounge area taking in sweeping views over the Leven River. The outside area in the memory secure unit features a painted mural. The mural shows a bus stop with bus sign and bench seat, a post office scene and a farm scene with a cottage, animals and a barn.

The Tropical lounge is the hub of arts and crafts at Mt St Vincent and the room acts as a gallery to showcase resident's artwork. Rarely will you walk past the Tropical Lounge without some type of activity taking place. This space opens out to a new refurbished barbecue area. The barbecue is a much utilised space at Mt St Vincent where residents can be found celebrating and socialising.

The home features a beautiful movie room. Sunday movies are a feature of the activities calendar.

Mt St Vincent has an enclosed courtyard with 4 resident budgies. Often you will find Monty the homes visiting therapy dog walking through and visiting residents. The Delta dogs are also regular visitors to the home. The top lounge at Mt St Vincent is the focal point for social celebrations and Aileen's Nook is one of the many communal rooms at Mt St Vincent.

Each visit to the room will have you discovering a new feature of this amazing display.



Support tailored for you

Our team of expert staff provide top-tier residential aged care specialising in services for those in need of support for declining health and people living with dementia. With personal care assistants to help with everyday living, housekeeping services and our team of registered nurses on-call 24 hours, seven days a week, you can rest assured knowing there is always support when you need it.

Comprehensive care

All of our residents at Mt St Vincent have access to frequent visits from specialist providers including physiotherapists, podiatrists, visits from the hairdresser and access to the hydrotherapy pool and therapy centre for those who need it.

Our dedicated team of social care coordinators curate entertainment, events, activities, and therapies designed to inspire interest, and participation and promote better health and wellbeing. We offer a range of activities at Mt St Vincent including movies in the cinema room, weekly bingo, indoor bowls, happy hour parties, workshop groups, walking groups, bus outings to the surrounding countryside and other places of interest and much more.

Healthy and well balanced meals

Our chefs provide delicious and nutritious meals using only the freshest of ingredients, supported by dietitians and prepared daily onsite. Our residents enjoy a wide variety of food with a seasonally rotating menu, with daily fare including three main meals and three snacks including a delicious roast on weekends and hot and cold dessert options. We also accommodate all special dietary requirements.

A sense of community

Guided by our values of respect, care, and integrity our staff are focused on providing a warm and compassionate environment for our residents to enjoy. At Mt St Vincent we see our residents as people, not patients. The relationship between our staff and our residents is important to us, which is why our bonds are strong and trusting. Here, people can feel a sense of belonging and build meaningful friendships.

Residents at Mt St Vincent can enjoy the beautiful views of the gardens or take in the views of the river with a cup of coffee, tea, and good conversation. For those who find solace in spiritual contemplation, there is an on-site chapel available.

Staying connected

Friends and family can visit Mt St Vincent at any time. However, we understand that it might not always be possible. For added peace of mind, remote video calls are always available so that you can stay connected with family and friends. Our team is skilled to assist with technology to set up a successful video call or assist in facilitating a visit from your loved ones, whenever you like.

Our history

The original cottage on the plot was established 23/08/1962. 1st January 1969, the St Vincent De Paul Society took over the former Ulverstone Convalescent and Nursing Home and renamed it Mt St Vincent Nursing Home. The home was officially opened and blessed 12th October 1969. They developed the home with an extension opened in 1994.

In 2019, Respect Aged Care took over Mt St Vincent to continue to provide the best possible residential aged care on the North West coast of Tasmania.

Steps on the path to aged care living

Before becoming a resident at Mt St Vincent, it's important for you and your loved ones to have an open, honest discussion about your needs and budget. For many, moving to residential aged care can be a significant lifestyle change that comes with many questions. Before you begin your journey, there are a couple of steps you can take to assess if this is the right move for you.

1. Determine your eligibility

To determine if you're eligible for aged care, you will need to be assessed by the Aged Care Assessment Service (ACAS) through My Aged Care, the Australian Government body responsible for aged care services.

This can be organised through a doctor, social worker, or health professional. For more information on Aged Care Assessments, you can speak with your doctor or a member of our helpful Customer Service team on 1300 144 144.

2. Find the right home

Everyone is different and that's why an aged care home that's a perfect fit for one person isn't necessarily the perfect fit for another.

Finding the right aged care home is all about personal preferences, specific requirements, and aesthetic taste. That's why at Respect, we create our homes to offer something for everyone

and to be as accommodating as possible.

You can book a tour of Mt St Vincent, or any of our Respect aged care homes to allow you to speak with residents and members of staff to provide a well-rounded view of what we offer.

3. Understand costs

Your own personal circumstances and financial situation will influence the amount you pay for an aged care facility. The Government determines how much you pay or may be required to contribute.

To better understand the costs associated with residential aged care, we recommend seeking financial advice before applying. The cost of residential aged care consists of care fees and accommodation fees, which are explained below:

- Basic daily fee: This fee covers living costs, such as meals, electricity, and laundry.
- Means-based fee: This fee is calculated by the Department of Human Services based on your income and assets and is a contribution to the cost of your personal and clinical care.
- Accommodation payment: Paid through an upfront amount, daily payment or a combination of both, this cost includes the room that you will occupy.
- Additional service fee: Some services are included in our Additional Services package, which incurs a mandatory additional fee. Additional Services packages are offered in selected Respect Aged Care homes,



for a full list of services and their estimated costs, please contact us.

4. Apply to live at Mt St Vincent

After determining your eligibility and understanding fees, all prospective residents need to complete and submit an application. You may fill out an application in person at any of our homes. We recommend that you fill out an application with the assistance of your doctor and/or loved ones.

5. Move in

As soon as we've determined that we can meet your needs and have a suitable vacancy, you will be notified with an offer of residence, along with a move-in date. If there are no current vacancies, we'll let you know when a space becomes available. You will be provided with a Resident Agreement, which outlines the services, fees, rights, and responsibilities. This legal document will need to be signed and returned before moving in.

We're here, every step of the way

At Respect, we know that choosing the right aged care home can be a daunting task. We can help with navigating the assessment process and the necessary paperwork to make your transition to residential aged care a breeze.

Contact our Customer Relationship Coordinator – Tess Vrantsis on: 0428 660 213

About Respect

"We believe the elderly are individual people with rich histories and worthwhile lives and age does not diminish their value."

As a proud not for profit organisation since 1922, Respect Aged Care serves older residents through our high standard of care and community.

Our focus is on giving back to older adults by fostering communities of belonging. Headquartered on the northwest coast of Tasmania, our philosophy is: **Everyone deserves the right to a life well-lived, with dignity and respect.**

Our organisation is constantly growing, with many homes spanning three states, and thousands of residents and employees. We know what it takes to provide exceptional care to older Australians.

Our values include:

Respect Treat all people with fairness and dignity.

Integrity Be open, honest, and trustworthy.

Care Look after and protect older people and each other.

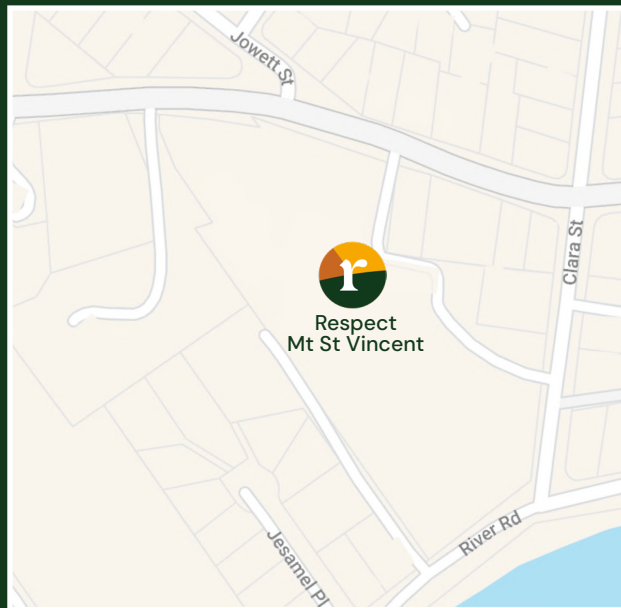
Innovation Think differently to solve problems.

Teamwork Encourage, cooperate, and build trust.

Excellence Drive quality to continuously improve.

Courage Do the right thing, even when it's difficult.

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Opening Hours

Monday – Friday

9 am – 5 pm

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